# **Fact Sheet: Prison Victimization**



# COLLEGE OF CRIMINAL JUSTICE SAM HOUSTON STATE UNIVERSITY

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#### Prison Victimization: The Facts

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#### What is the Prison Victimization?

Prison victimization can be defined as victimization against incarcerated individuals in the criminal penal system.

#### Have you Heard?

- Approximately 251,000 residents in Texas are incarcerated [1]
- Sexual misconduct is the 2nd most commonly reported victimization within the prison system [2]
- 42% of sexual misconducts in prison were committed by correctional staff in 2018 [3]
- Lesbian, gay, bisexual men and women are 10 times as likely to be sexually victimized by other incarcerated individuals and 2.6 times as likely to be victimized by correctional staff [4]

#### What are the Consequences?

The consequences of being victimized within a prison setting are multi-faceted. Many victims experience shame, fear, and stigmatization because of their incarceration circumstances [2]. Additionally, many incarcerated individuals have a prior history of sexual, physical, and emotional abuse, which may exacerbate mental health issues, such as post-traumatic stress disorder and stress, and increase the risk for violent perpetration [5].

#### **Barriers to Help-Seeking**

Some barriers that incarcerated individuals face when seeking help include the lack of mental health services for victims, instances of retaliation after reporting their victimization, and unsuccessful investigations of reported victimization [4,6]. Additionally, solitary confinement is disproportionately used against LGBTQ+ individuals hindering their ability to receive help [6].

#### How to Help

- Trauma-responsive programming to serve incarcerated individuals emphasizing inclusive language and values
- Elimination of solitary confinement
- Provide resources and prevention strategies to correctional staff
- Increase the use of external research and oversight committees

#### Resources

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#### Texas

- Texas Department of Criminal Justice Reentry and Integration Division https://www.tdcj.texas.gov/divisions/rid/index.html (877) 887-6151
- Texas Criminal Justice Coalition https://www.countyresources.texascjc.org (512) 441-8123

#### **National**

- Substance Abuse and Mental Health Administration https://www.samhsa.gov
  (800) 662-4357
- The National Reentry Resource Center https://www.nationalreentryresourcecenter.org (866) 536-8686

#### References

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[6]Prison Justice League & The Texas Association Against Sexual Assault. (2016). A Texas-sized failure: Sexual Assaults in Texas Prisons. Texas Association Against Sexual Assault. http://taasa.org/wp-content/uploads/2016/11/BK\_A-Texas-Sized-Failure-SA-in-TX-Prisons-Final.pdf

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## Resources

Student Regent The Hills

•	Texas Abuse Hotline (suspicions of	https://www.txabusehotline.org/Login/
	abuse, neglect, and exploitation of	
	children, adults with disabilities, or	800-252-5400
	people 65 +	
•	Texas Council on Family Violence	https://tcfv.org/survivor-resources/
•	Texas Association Against Sexual Assault	https://taasa.org/get-help/
•	National Domestic Violence Hotline	800-799-7233
•	National Sexual Assault Hotline	800-656-4673
•	National Human Trafficking Hotline	888-373-7888
•	Aging and Disability Resource Center	855-937-2372

855-484-2846

988

• Victim Connect Resource Center

National Suicide Prevention Lifeline